

## **CSC FIRST AID DAY**

**Saturday 9<sup>th</sup> Feb 2019**

ever popular CSC First Aid Day run by Pete Cunningham & Dave Weeks

All day event at Staveley Village Hall (Pavillion)

Not just First Aid - but...

- How to manage the scene of an accident
- How to get help...FAST
- How to recognise typical paragliding injuries & treat or stabilise the pilot

We get really hands on...

- moving a pilot in a harness
- how to deal with a full face helmet

This course leaves you feeling more confident about how to respond if the worst happens - do yourself and your fellow pilots a favour and get tooled up!

Strictly limited to 20 places - only £15 for CSC members.

Look out for all members email for details on how to register your place

Places may be available for non-members at £30